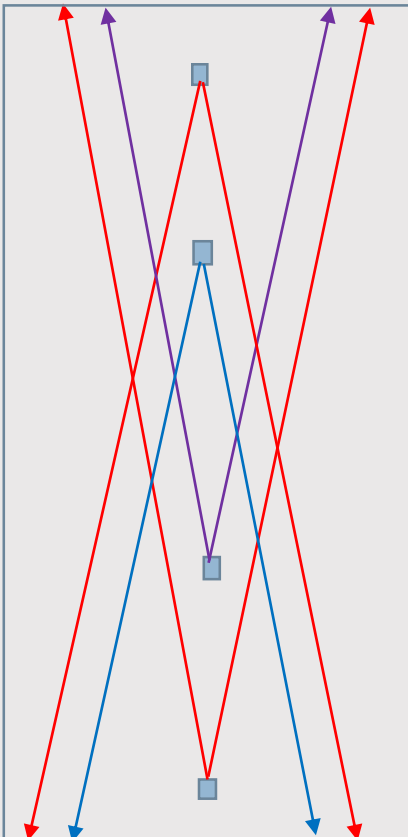




ROLLING UP BEFORE THE GAME

What is involved

Note: Angles to the rear wall from the "T" and 21m mark are parallel. This will give you an accurate picture of the widest and narrowest lines that will be used during the game. Accordingly a mat placed half way between the "T" and 21 m mark the angle of the line will be half way between the memorised extremities on the rear wall.



- Every green on every day is different and it is important for the bowler to get a feel for the delivery lines that will be used in the game.
- The widest line will be that from the mat when located at the "T" and the narrowest when the mat is located at the 21 m mark.
- There are 4 separate delivery segments of the rink to be recalled and those who can will have an advantage on those who cannot!
It's important for the Lead whose role is to consistently draw to the Jack on the side delivered not to waste deliveries by using one each end to find the line and length! The Lead needs to concentrate on one side of the rink; up forehand and back backhand; less angles to remember! Skips also need to keep this in mind for all team players when directing play.

Work to a routine when warming-up

- It is a help if you can warm-up by yourself or with a player who has a similar objective to you! The less amount of time between each of your deliveries will help the memory bank!
- Start your routine by locating the mat at the "T" using both ends of the rink. Deliver on each hand till the draw lines are memorized. Then move the mat up to the 21 m mark and do the same routine.
- This will take about 30 minutes at which time you should have a good feel for the green.
- Everyone is going to develop their own routine and may not follow these suggestions but it is a most important part of being a competitor in the sport of lawn bowls.

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